

Health and Wellness Meeting – April 12, 2023

Attending: David Aierstok, Meg Rodier, Megan Barbera, Tom Burnell, Stacy Stoliker, and Emily Davison

1. Had to re-submit American Rescue Plan (ARP) to the state but district is confident it will be approved.
2. High School and Middle School Support Staff for Chris Herren Presentation are the following:
 - HS – Social Worker, School Psychologist, and Guidance Counselors
 - MS – Social Worker, School Psychologist, and Guidance Counselor
 - district will not schedule any counseling sessions or CSE meetings for that day so support staff are available in case a crisis develops
 - May 30th is a give back day so send out reminders and make announcements before the long holiday weekend
3. May 28th – School nurse is running a stop the bleed for AED teams 3:45-4:45pm
 - CPR/AED classes for HS – April 20th and April 21st and May 2nd and May 3rd
 - CLS classes are May 26th and late in June
4. May 17th – “Minding Your Mind” Presentation
 - this is for all BMS and RHS students
 - First and second periods for BMS students to listen to her presentation and third period RHS will come down
 - Later in the evening there will be a parent presentation and a psychologist will be a part of it as well
5. Reaching Parents in a different way – thinking of a potential Saturday activity like in September to kick off the year
6. Put \$5,000 in the ARP on vaping and drugs for next year.
Next meeting scheduled is for 5/10/2023, Meetings are subject to change so please call ahead if you are planning to attend.